



Fitness Instructor – Glo Gym Oldham **Various contracted hours available**

We are looking for motivated Fitness Instructors to work on a contracted basis in a variety of hours, who have exceptional customer care skills and an infectious enthusiasm to provide the best possible standards of service to Glo Gym Oldham.

The role of the Fitness Instructor is to support the effective day-to-day running the gym floor product, be the key contact for customers exercising on the gym floor as well as having responsibility for the opening and closing of the facilities in line with the staffing rota.

Experience of working within a fitness facility and delivering small group exercise is desirable. Instructors will be required to deliver small group exercise sessions on the gym floor and will be given the opportunity to teach studio classes both on and off shift.

Key responsibilities:

- Fitness assessments, consultations and introduction sessions for new clients demonstrating activities for clients to follow showing clients how to use exercise machines and free weights properly.
- Supervising clients to make sure that they are exercising safely and effectively leading group exercise classes, such as circuit training, aerobics or spinning when required.
- Creating personal exercise programs giving advice on healthy eating and lifestyle.
- Completing basic Health & Safety checks for gym floor equipment.
- Maintaining the cleanliness of the gym floor.
- Support the General Manager to drive an outstanding member and guest experience in club, focusing on member interactions
- Support the General Manager to achieve the budgeted Net Member Movement monthly and yearly in line with budgets by supporting the membership sales and retention process.
- To ensure brand standards are delivered and club maintenance is managed by utilising maintenance systems.



The ideal candidate will possess:

- A level 2 qualification in Gym Instruction and recognised Class Instructor qualifications are required.
- Previous experience within the fitness industry.
- A passion for fitness and helping others work towards goals.
- Knowledge of how to deliver high levels of customer service to improve member retention.
- The ability to deliver group exercise on the gym floor.

This is a great opportunity for individuals looking for career progression and development within a forward thinking, fitness focused environment.

We have 10-22 hours of work available. Hours of work will include regular evening and weekend work at times to reflect the requirements of the business. There are various hours of work available which are subject to opening hours and you will be expected to vary your working pattern on occasion to provide the necessary cover to meet the needs of the business.

The salary for the role starts from £7.50 for those aged under 25 per hour. £7.83 for those aged 25 and over with optional PT/Class Instructor income.

To register your interest please send a copy of your CV to hr@ocll.co.uk clearly marked "Glo Gym Staffing" by Friday 19th October 2018.



Responsible to: Fitness Manager

Responsible for: All staff on shift (including freelance & self-employed staff)

RANKING: A = Essential at outset
 B = Essential to achieve in order to complete satisfactory probation, but support could be provided
 C = Desirable, but not essential

	Evidence:	Rank:
1. Education and Qualification	Via CV / Qualifications brought to interview	
1.1 Certificate in Leisure Management or equivalent NVQ L2 qualification.		B
1.2 First Aid at Work qualification.		B
1.3 Gym qualification at NVQ L2 or above.		A
1.4 Recognise Group Exercise Qualification (Can be ETM or Circuits as a minimum)		B
2. Work Experience	CV/ Interview	
2.1 Previous experience employed as a supervisor of staff.		C
2.2 Previous experience in the fitness industry.		A
2.3 Understanding & appreciation of the importance of customer care, and experience of dealing with difficult situations.		A
2.4 Experience of budgetary management and improving financial performance.		C
2.5 Demonstrable knowledge of Health & Safety legislation within the fitness industry.		C
2.6 Demonstrate knowledge/experience of working with or within a Personal training environment.		C



2.7	Demonstrate knowledge/experience of working with or within a Personal training environment or product.		B
2.8	Demonstrate good knowledge of the importance of the studio product and its impact on member retention.		B
3. Skills and Abilities		CV/ Interview	
3.1	Possess strong leadership, motivational & team-building skills		A
3.2	Have an ability to work with management information software in order to track performance		B
3.3	Possess strong written and verbal communication skills, including the ability to present to people when necessary.		C
3.4	Ability to prioritise workloads and plan effectively.		A
4. Personal Qualities and Attributes		CV/ Interview	
4.1	Able to work with little or no supervision		A
4.2	Have high personal standards, an eye for important detail, & lead by example.		A
4.3	Able to work as part of a team.		A
4.4	Approachable and friendly personality.		A
4.5	"Can Do" attitude & flexible approach to work, including acceptance of the need to work unsociable hours.		A
4.6	Tenacious energy to resolve issues when necessary.		A